

## SEPTEMBER POOL SCHEDULE

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
5:00 AM	Gym Closed	<i>Lap Swim</i> 5:00-7:30 am	<i>Lap Swim</i> 5:00-7:30 am	<i>Lap Swim</i> 5:00-7:30 am	<i>Lap Swim</i> 5:00-7:30 am	<i>Lap Swim</i> 5:00-7:30 am	Gym Closed	
5:30 AM								
6:00 AM								
6:30 AM								
7:00 AM		H2O Aerobics	H2O Aerobics	H2O Aerobics	H2O Aerobics	H2O Aerobics		
7:30 AM		<i>Lap Swim &amp; Aqua Therapy Combo</i> 8:30-11:00 am	<i>Lap Swim &amp; Aqua Therapy Combo</i> 8:30-11:00 am	<i>Lap Swim &amp; Aqua Therapy Combo</i> 8:30-11:00 am	<i>Lap Swim &amp; Aqua Therapy Combo</i> 8:30-11:00 am	<i>Lap Swim &amp; Aqua Therapy Combo</i> 8:30-11:00 am		<i>Lap Swim &amp; Aqua Therapy Combo</i> 8:30-11:00 am
8:00 AM								
8:30 AM								
9:00 AM	<i>Lap Swim</i> 10:00 am-Noon	No Instructor Aerobics	No Instructor Aerobics	No Instructor Aerobics	No Instructor Aerobics	No Instructor Aerobics	<i>Lap Swim</i> 8:00 am-Noon	
9:30 AM								
10:00 AM								
10:30 AM								
11:00 AM	Open Swim Noon- 3 pm	<i>Lap Swim / Private Lessons / Aqua Therapy Combo</i> Noon- 7:00 pm	<i>Lap Swim / Private Lessons / Aqua Therapy Combo</i> Noon- 4:30 pm	<i>Lap Swim / Private Lessons / Aqua Therapy Combo</i> Noon- 7:00 pm	<i>Lap Swim / Private Lessons / Aqua Therapy Combo</i> Noon- 4:30 pm	<i>Lap Swim / Private Lessons / Aqua Therapy Combo</i> Noon- 7:00 pm	FREE FAMILY SWIM DAY for MEMBERS Noon-5:00 pm	
12:00 PM								
12:30 PM								
1:00 PM								
1:30 PM		Swim Club	Swim Club	Swim Club	Swim Club			
2:00 PM								
2:30 PM								
3:00 PM	Gym Closed	Elevate Swim Team	Elevate Swim Team	Elevate Swim Team	Elevate Swim Team	Elevate Swim Team		
3:30 PM								
4:00 PM	Gym Closed	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Lap Swim 5:00-7:30 pm	
4:30 PM								
5:00 PM								
5:30 PM		Open Swim 7:00-9:00 pm	Open Swim 7:30-9:00 pm	Open Swim 7:00-9:00 pm	Open Swim 7:30-9:00 pm	Open Swim 7:00-9:30 pm		
6:00 PM								
6:30 PM		<i>Lap Swim</i> 9:00-9:45 pm	<i>Lap Swim</i> 9:00-9:45 pm	<i>Lap Swim</i> 9:00-9:45 pm	<i>Lap Swim</i> 9:00-9:45 pm	<i>Lap Swim</i> 9:00-9:45 pm		<i>Lap Swim</i> 9:00-9:45 pm
7:00 PM								
7:30 PM								
8:00 PM	Gym Closed	Gym Closed	Gym Closed	Gym Closed	Gym Closed	Gym Closed		
8:30 PM								
9:00 PM								
9:30 PM	Gym Closed	Gym Closed	Gym Closed	Gym Closed	Gym Closed	Gym Closed		
9:00 PM								
9:30 PM								