## **FALL/WINTER POOL SCHEDULE (Oct 1- Apr 30)**

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 AM	JONDAI	WONDAT	TOESDAT	WEDITESDAT	MONSDAT	TRIDAT	SATORDAT
5:30 AM							
6:00 AM		Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
6:30 AM		5:00-7:15 am	5:00-7:15 am	5:00-7:15 am	5:00-7:15 am	5:00-7:15 am	Gym Closed
7:00 AM							
7:30 AM	Gym Closed						
8:00 AM		H20 Aerobics	H20 Aerobics	H20 Aerobics	H20 Aerobics	H20 Aerobics	
8:30 AM							
9:00 AM		Lap Swim & Aqua	Lap Swim & Aqua	Lap Swim & Aqua	Lap Swim & Aqua	Lap Swim & Aqua	
9:30 AM		Therapy Combo	Therapy Combo	Therapy Combo	Therapy Combo	Therapy Combo	Lap Swim
10:00 AM		8:30-11:00 am	8:30-11:00 am	8:30-11:00 am	8:30-11:00 am	8:30-11:00 am	8:00 am-Noon
10:30 AM	Lap Swim						
11:00 AM	10:00 am-Noon	No Instructor	No Instructor	No Instructor	No Instructor	No Instructor	
11:30 AM		Aerobics	Aerobics	Aerobics	Aerobics	Aerobics	
12:00 PM							
12:30 PM							
1:00 PM	No Lap lane Swim						FREE
1:30 PM	Noon- 3 pm		Lap Swim /		Lap Swim /		FAMILY
2:00 PM	Noon- 5 pm	Lap Swim /	Private Lessons /	Lap Swim /	Private Lessons /	Lap Swim /	SWIM
2:30 PM		Private Lessons /	Aqua Therapy	Private Lessons /	Aqua Therapy	Private Lessons /	DAY for
3:00 PM		Aqua Therapy	Combo	Aqua Therapy	Combo	Aqua Therapy	MEMBERS
3:30 PM	Lap Swim	Combo	Noon- 5:30 pm	Combo	Noon- 5:30 pm	Combo	Noon-5:00 pm
4:00 PM	3 - 4:45 pm	Noon- 7:00 pm		Noon- 7:00 pm		Noon- 7:00 pm	
4:30 PM	3 <b> p</b>	ποση- 7.00 μπ		ποση- 7.00 μπ		1400H- 7.00 pHI	
5:00 PM							
5:30 PM			Elevate		Elevate		16
6:00 PM			Swim Team		Swim Team		Lap Swim
6:30 PM			Swim Lessons		Swim Lessons		5:00-7:30 pm
7:00 PM	Gym Closed	No London Control		No Lon Jour Control			
7:30 PM		No Lap lane Swim	•	No Lap lane Swim	•		
8:00 PM		7:00-9:00 pm	7:30-9:00 pm	7:00-9:00 pm	7:30-9:00 pm	No Lap lane Swim	
8:30 PM		Lap Swim	Lap Swim	Lap Swim	Lap Swim	7:00-9:30 pm	Gym Closed
9:00 PM		•	•	•	· ·		
9:30 PM		9:00-9:45 pm	9:00-9:45 pm	9:00-9:45 pm	9:00-9:45 pm		